



Continuum of Community

Mattering

Marginalizing

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|---|---|
| <ul style="list-style-type: none"> ◆ Included ◆ Feel part of team or group ◆ Work towards same goals ◆ Counted on by others ◆ Contributions are valued | <ul style="list-style-type: none"> ◆ Excluded ◆ Don't feel part of team or group ◆ Not involved in working towards goals ◆ Contributions not valued ◆ Contributions not noticed (appear "invisible") |
|---|---|

My experiences	
When I have mattered	When I was marginalized
What cues did I receive?	
Cues of Mattering	Cues of being Marginalized
What feelings did I have?	
Feelings	Feelings
How did I respond due to those feelings?	
Behavior	Behavior